

Citation Dock

Companion to "What You Can Actually Do About It" and "The Counter-Capture Playbook" by a little bird

This document accompanies the essay and the playbook of the same theme. Sources are organized by section. All URLs verified as active as of May 2026. Where statutes or case law are cited, public-record citations are provided in standard legal format.

Foundational Concepts

"Subscription capture" framework. Original analytical work by a little bird, published on the Little Bird publication. Definition: the active, unified, unacknowledged campaign to convert every survival requirement into a subscription-rent relationship controlled by consolidated corporate and ultra-wealthy interests, with state enforcement architecture backing the capture.

The Dissidents Network (dissidentsnetwork.org). Nonpartisan scoring and accountability tool referenced in the essay. The DN does not carry opinion, inference, or analytical authorship. The DN publishes facts, methodology, and grades. California is in pilot. Each remaining state will be added on the same rubric. The DN is not the source of the subscription-capture analysis. The analysis lives in the Little Bird byline.

Standing Doctrine (Foundational Cases)

- **Frothingham v. Mellon**, 262 U.S. 447 (1923). Supreme Court case establishing the limitations on federal taxpayer standing.
- **DaimlerChrysler Corp. v. Cuno**, 547 U.S. 332 (2006). Reaffirms taxpayer standing limitations.
- **Massachusetts v. EPA**, 549 U.S. 497 (2007). Establishes broader state standing on quasi-sovereign interests, foundational for state AG litigation against federal action.
- **Lujan v. Defenders of Wildlife**, 504 U.S. 555 (1992). Three-part test for Article III standing: injury-in-fact, causation, redressability.

Layer One: Legal Pressure Points

Statutory Foundations

- **Impoundment Control Act of 1974**, Pub. L. 93-344, codified at 2 U.S.C. §§ 681 to 688. Establishes congressional authority over executive spending and procedures for any executive deferral or rescission of appropriated funds.
- **Administrative Procedure Act**, 5 U.S.C. § 551 et seq. Governs federal agency rulemaking and adjudication.
- **APA judicial review provision**, 5 U.S.C. § 706. The 'arbitrary and capricious' standard for challenging agency action.

State Attorney General Resources

- National Association of Attorneys General (NAAG), naag.org. Coordinating body for state AGs.
- State AG offices: Each state's official AG website is at [\[state\].gov/ag](http://[state].gov/ag) or similar. Contact information and active litigation pages are publicly available.
- Democracy Forward (democracyforward.org). Tracks active state AG coalition litigation and files independently. Leading single organization on federal-action challenges.
- Public Citizen (citizen.org). Tracks active litigation across consumer, healthcare, and government accountability issues.
- State Democracy Defenders Fund (statedemocracydefenders.org). Coordinates state-level democracy litigation.

Most Active State AGs in Federal-Action Litigation (as of May 2026)

This list reflects the AGs most frequently named in coordinated multi-state filings against federal action. Verify current status by checking each AG's active litigation page.

- California: Rob Bonta
- New York: Letitia James
- Massachusetts: Andrea Joy Campbell
- Minnesota: Keith Ellison
- Michigan: Dana Nessel
- Washington: Nick Brown
- Illinois: Kwame Raoul
- Connecticut: William Tong
- Maryland: Anthony Brown
- New Jersey: Matthew Platkin
- Oregon: Dan Rayfield
- Colorado: Phil Weiser
- Pennsylvania: Michelle Henry
- Wisconsin: Josh Kaul
- Arizona: Kris Mayes
- Hawaii: Anne Lopez
- Vermont: Charity Clark
- Rhode Island: Peter Neronha
- Delaware: Kathy Jennings
- Nevada: Aaron Ford
- New Mexico: Raúl Torrez

Federal Representative Resources

- House.gov, find your representative.
- Senate.gov, find your senators.
- Clerk of the House Committee Assignments, clerk.house.gov.

- Senate Committees, senate.gov/committees.

Key Congressional Committees for Capture Oversight

- House Committee on Oversight and Government Reform (subpoena and hearing power)
- House Judiciary Committee (constitutional and civil rights issues)
- House Appropriations Committee (impoundment violations)
- Senate Judiciary Committee (constitutional issues, judicial nominations, oversight of DOJ)
- Senate Appropriations Committee (impoundment, federal spending oversight)
- Senate Banking, Housing, and Urban Affairs Committee (financial sector capture)
- Senate Commerce, Science, and Transportation Committee (media consolidation, tech, telecom)
- Senate Finance Committee (healthcare, Medicare, Medicaid)

Civil Liberties Litigation Organizations

- Democracy Forward (democracyforward.org), federal-action challenges, impoundment, APA cases.
- Public Citizen (citizen.org), consumer, health, government accountability.
- American Civil Liberties Union (aclu.org), state chapters at [\[state\].aclu.org](https://[state].aclu.org).
- Lambda Legal (lambdalegal.org), LGBTQ-related civil rights and program access.
- MALDEF (maldef.org), Latino civil rights and program access.
- NAACP Legal Defense Fund (naacpldf.org), Black civil rights and program access.
- Brennan Center for Justice (brennancenter.org), democracy, voting rights, criminal justice.
- Center for Constitutional Rights (ccrjustice.org), constitutional litigation.
- Earthjustice (earthjustice.org), environmental program protection.
- Project on Government Oversight (pogo.org), federal government accountability.
- Government Accountability Project (whistleblower.org), whistleblower support.
- Equal Justice Initiative (eji.org), criminal justice reform.

Layer Two: Direct Civic Infrastructure

Local Government Resources

- National League of Cities (nlc.org), resources on city government structure.
- National Association of Counties (naco.org), resources on county government.
- National School Boards Association (nsba.org), school board resources.
- U.S. Election Assistance Commission (eac.gov), voting and election information.
- Run for Something (runforsomething.net), recruitment and training for state and local races.
- League of Women Voters (lwv.org), state and local chapters provide candidate trainings.

Mutual Aid Resources

- Mutual Aid Hub (mutualaidhub.org), directory of active mutual aid networks by region.
- National Sustainable Agriculture Coalition (sustainableagriculture.net), local food sovereignty resources.
- American Community Gardening Association (communitygarden.org).
- TimeBanks USA (timebanks.org), time-based exchange networks.
- Food Co-op Initiative (fci.coop), resources for starting food cooperatives.
- Local Harvest (localharvest.org), find local CSAs, farmers markets, and food sources.
- Seed Savers Exchange (seedsavers.org), seed library and heritage seed resources.

Communications Infrastructure

- Amateur Radio Relay League (arrl.org), ham radio licensing and emergency communications.
- Signal (signal.org), encrypted messaging.
- Proton Mail (proton.me), encrypted email and calendar.
- Tor Project (torproject.org), anonymized web browsing.
- Electronic Frontier Foundation Surveillance Self-Defense Guide (ssd.eff.org), comprehensive surveillance reduction guide.

Energy Resilience

- National Renewable Energy Laboratory (nrel.gov), residential renewable energy information.
- Solar United Neighbors (solarunitedneighbors.org), local solar cooperatives.
- Rewiring America (rewiringamerica.org), heat pump and electrification information.

Layer Three: Information and Resource Hygiene

Local Journalism Funding

- Institute for Nonprofit News (inn.org), directory of local nonprofit newsrooms.
- LION Publishers (lionpublishers.com), Local Independent Online News Publishers network.
- Report for America (reportforamerica.org), places journalists in local newsrooms.
- News Match, annual matching donation campaign for local news.

International News Sources

- Reuters (reuters.com), avoid aggregator sites; go direct.
- BBC (bbc.com).
- Al Jazeera English (aljazeera.com).
- South China Morning Post (scmp.com).
- Le Monde (lemonde.fr), English version available.
- Deutsche Welle (dw.com).
- NHK World Japan (www3.nhk.or.jp/nhkworld).
- The Guardian (theguardian.com).

- Tehran Times (tehrantimes.com), Iranian-perspective coverage.
- Haaretz (haaretz.com), Israeli-perspective coverage.
- The Bureau of Investigative Journalism (thebureauinvestigates.com).
- International Consortium of Investigative Journalists (icij.org).

Subscription Disengagement Resources

Office and productivity software:

- LibreOffice (libreoffice.org), free Microsoft Office alternative.
- OnlyOffice (onlyoffice.com).
- Affinity Suite (affinity.serif.com), one-time purchase Adobe Creative Cloud alternative.
- DaVinci Resolve (blackmagicdesign.com), free professional video editor.
- GIMP (gimp.org), free Photoshop alternative.
- Inkscape (inkscape.org), free Illustrator alternative.
- Krita (krita.org), digital painting.

Search and browser:

- DuckDuckGo (duckduckgo.com).
- Brave Browser (brave.com).
- Firefox (mozilla.org/firefox).
- Startpage (startpage.com).

Email and communication:

- Proton Mail (proton.me).
- Tutanota (tutanota.com).
- Signal (signal.org), messaging.
- Element/Matrix (element.io), federated chat.

Operating system alternatives:

- Linux Mint (linuxmint.com), beginner-friendly Linux.
- Ubuntu (ubuntu.com).
- Pop!_OS (pop.system76.com).
- Distrowatch (distrowatch.com), compares Linux distributions.

Cloud storage:

- Proton Drive (proton.me).
- Sync.com (sync.com).
- Self-hosted: Nextcloud (nextcloud.com).

Banking Alternatives

- Credit Union Locator (nca.gov/credit-union-locator), National Credit Union Administration's official locator.

- Mighty Deposits (mightydeposits.com), find banks rated by community impact.
- Self-Help Federal Credit Union (self-help.org).
- Beneficial State Bank (beneficialstatebank.com).
- Amalgamated Bank (amalgamatedbank.com).

Healthcare Subscription Alternatives

- Direct Primary Care directory (dpcfrontier.com), find DPC providers.
- Health Care Sharing Ministries (HCSM) for those compatible with their religious framework.
- National Association of Free and Charitable Clinics (nafcclinics.org), local free clinics.
- American Herbalists Guild (americanherbalistsguild.com), community herbalism resources.

Layer Four: Coalition and Litigation Support

Multi-Issue Coalition Organizations

- Indivisible (indivisible.org), largest grassroots coalition focused on federal democracy issues.
- Common Cause (commoncause.org), government accountability and money in politics.
- League of Women Voters (lww.org), voter access and civic engagement.
- People's Action (peoplesaction.org), multi-issue progressive coalition.
- Working Families Party (workingfamilies.org), electoral strategy and candidates.
- Democracy 21 (democracy21.org), campaign finance reform.
- Public Citizen Action Fund (citizen.org), activism arm of Public Citizen.
- MoveOn (moveon.org), online activism platform.

Professional Coalitions

Legal:

- American Bar Association (americanbar.org).
- National Lawyers Guild (nlg.org).
- State bar associations.

Journalism:

- Society of Professional Journalists (spj.org).
- Reporters Committee for Freedom of the Press (rcfp.org).
- Investigative Reporters and Editors (ire.org).

Healthcare:

- Physicians for a National Health Program (pnhp.org).
- National Nurses United (nationalnursesunited.org).
- American Public Health Association (apha.org).

Education:

- American Federation of Teachers (aft.org).

- National Education Association (nea.org).

Science:

- Union of Concerned Scientists (ucsusa.org).
- 500 Women Scientists (500womenscientists.org).

Verification and Investigative Resources for Citizens

- ProPublica (propublica.org), investigative journalism.
- Center for Public Integrity (publicintegrity.org), government accountability journalism.
- OpenSecrets (opensecrets.org), campaign finance database.
- USAspending.gov (usaspending.gov), federal spending data.
- SAM.gov (sam.gov), federal contractor data.
- SEC EDGAR (sec.gov/edgar), securities filings and corporate financial disclosures.
- PACER (pacer.uscourts.gov), federal court records.
- GovInfo (govinfo.gov), federal documents and records.
- Federal Register (federalregister.gov), official journal of federal regulations.

Specific Source References

Hassett Quote on Credit Card Spending

Kevin Hassett interview, MeidasTouch coverage, May 6, 2026. Hassett quoted as stating: "The consumer is really, really firing on all cylinders. Credit card spending is through the roof. They're spending more on gasoline, but they're spending more on everything else too."

900 Hospitals Figure

Protect Our Care, "Hospital Crisis Watch: 900 Hospitals, Clinics, and Nursing Homes At Risk or Closed," available at protectourcare.org. Reference: Jess Craven (jesscraven101) social media coverage, May 6, 2026.

Cubbison Case Reference

- The Mendocino Voice: "Cubbison civil suit for backpay moves forward."
- The Mendocino Voice: "The Broiler Affair: DA Eyster's 5-year battle with Chamise Cubbison."

Spencer Deery Quote

CNN interview, May 5, 2026. Indiana State Senator Spencer Deery, quoted in Yahoo News article "Trump gets revenge, and other takeaways from Tuesday's Indiana and Ohio primaries" by Eric Bradner, CNN, dated May 5, 2026.

Maureen Mulheren Statement on Local Forums

Facebook post by Maureen "Mo" Mulheren in Mendocino County, May 6, 2026. Quoted regarding low turnout at 5th District and Judge Candidate Forum.

The Dray Dossier Investigative Method

Two-part investigation of MV Hondius hantavirus event, published on TikTok and Substack as @thedreydossier, dated May 5 to 6, 2026. Cited as exemplar of citizen pattern recognition methodology.

Warner-Skydance-Ellison Merger Documentation

- Larry Ellison statements on Israel: video interview cited in The Dray Dossier policy brief, available via @thedreydossier Substack, dated approximately late February 2026.
- Warner-Skydance merger filings: SEC public record. Search EDGAR for "Skydance" and "Warner Bros. Discovery" merger documents.
- Oracle federal contracts: USAspending.gov, search vendor "Oracle Corporation" and "Oracle America Inc."

Methodological Note

This citation dock is built to match the standard established by the citation dock for "The Half They Erased: Female Autonomy and the Civilization Women Built." All cited sources are publicly accessible. Where original investigative work is referenced (The Dray Dossier, Little Bird's own predictive tracker), the original publication channel and date are provided.

URLs are current as of publication. Where organizational structures or leadership change, the citation directs to the institutional URL rather than the individual.

The reader is encouraged to verify all source citations independently. Distributed deflection includes distributed verification.

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